

Penny Roberts

School of Cookery



Training in Galley Cooking and Interior Management

www.yachtkookery.co.uk

Ethos

Penny Roberts is a name well known to the yachting fraternity. Her culinary expertise has motivated scores of galley cooks the world over. She and her school are unique in that they cater solely for 'yachties', training crew for their specific environment, being aware of problems peculiar to their industry, teaching fundamental skills and generating self-confidence in the process. The school emphasises that shipboard requirements of owners and guests are paramount and gears all training accordingly.

Penny is a powerhouse of energy and drives her students as hard as she drives herself. She will admit to being a perfectionist both giving and seeking one hundred percent throughout her course. She provides as much actual 'hands on' cooking experience as she can fit into these highly intensive courses, up to some two thirds of the time, working on the principle that 'to do is to know'. Techniques are explained, demonstrated, and practised, and corrected when necessary. Hence the restriction on numbers per course to not more than four students. In this way Penny can get to know the abilities and requirements of each student.

The students are of many nationalities each bringing with them differing backgrounds and experiences which are exchanged with each other both socially and academically during the course. They reflect the nature of their industry and Penny reflects this in the food curriculum of the School by making it as international as possible.

Although the students are encouraged to produce their own menus Penny insists that she is not there to provide recipes; rather she is there to teach an Understanding of food and its preparation. Her target is Professionalism. She is aiming to produce competent cooks equipped with bottom-line knowledge that engenders self-respect and the respect of others.

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